

Jan-Erik Refle
Senior Researcher
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Scientific Profile

I was recently involved in the following research projects:

- Own research on recovery after crisis (with LIVES)
- Parchemins (mixed methods panel study on undocumented migrants), CIGEV, UNIGE with Claudine Jeangros-Burton, Yves Jackson
- Conceptions of Democracy project - own comparative project on meanings of democracy

Education

01/2014 - 06/2019	Political Science, PhD Université de Lausanne, Lausanne, Switzerland Institut des études politiques, historiques et internationales defense date 4.6.2019, Jury: Florence Passy (dir., UNIL), John Chalcraft (LSE), Martino Maggetti (UNIL), Marco Giugni (Université de Genève). Thesis on the outcomes of social movements for democratization in Tunisia
02/2009 - 05/2011	Global Studies, M.A (cand. soc) Roskilde University, Roskilde, Denmark, Department for Society and Globalization
10/2005 - 09/2008	Political science, B.A Free University, Berlin, Germany Otto-Suhr-Institut
09/2007 - 01/2008	Erasmus semester Université Pierre Mendès France, Grenoble, France Institut d'études politiques

Roles in Projects

02/2025-07/2025	Université de Lausanne, Lausanne, CH, <i>part-time lecturer</i> : Teaching « Politiques de régulation : stratégies de recherche et méthodes mixtes »
02/2023-ongoing	Centre LIVES, Swiss Centre for Expertise in Lifecourse Research, Genève & Lausanne, CH, <i>associated researcher</i> .
05/2022-12/2024	CIGEV, University of Geneva, Geneva, CH, <i>postdoctoral researcher</i> , working on own postdoctoral project on the consequences of the pandemic. Earlier work includes publications for the study "Parchemins" on undocumented migrants as well as working on vulnerability, with Claudine Burton-Jeangros and Yves Jackson. Longitudinal analyses, cross-sectional analysis and focus groups.
02/2024-07/2024	Université de Lausanne, Lausanne, CH, <i>Lecturer</i> : Teaching « Politiques de régulation : stratégies de recherche et méthodes mixtes »
02/2023-07/2023	Université de Lausanne, Lausanne, CH, <i>Lecturer</i> : Teaching « Politiques de régulation : stratégies de recherche et méthodes mixtes »
04/2021-09/2021	FORS, Lausanne, CH, <i>Associated Researcher</i> , Elaboration and writing of the successful grant proposal "Swiss Direct Democracy for the 21 st century:

	(SDD-21) with Daniel Kübler, Laurent Bernhard, Anke Tresch, Georg Lutz, Thomas Milic and more.
04/2021-07/2021	European University Institute, Florence, IT , <i>Visiting Fellow</i> , analysis of own data on conceptions of democracy, exchange, workshop participation, Group Ellen Immergut
04/2020-03/2021	University of Oxford, Oxford, UK , <i>Visiting Research Fellow</i> DPIR, preparation and realization of own dataset on democratic conceptions, exchange, workshop participation, group Giovanni Capoccia
07/2020-12/2020	FORS, Lausanne, CH , <i>Senior Researcher</i> , Analysis of and reporting on the Covid-19 additional survey, documentation, SHP Team with Robin Tillmann
02/2020-07/2020	Université de Lausanne, Lausanne, CH , <i>Lecturer</i> : Teaching Politiques de régulation : stratégies de recherche et méthodes mixtes, replacement for Martino Maggetti
02/2019-07/2019	Université de Genève, Genève, CH , <i>Assistant FNS</i> , NRP 70 / NRP 71 Complementary study: report & article writing on networks and energy policies in Switzerland, with Manuel Fischer, Martino Maggetti, and more
01/2014-12/2018	Université de Lausanne, Lausanne, CH , <i>Assistant diplômé</i> , doctoral student with thesis on the role of social movements for democratization in Tunisia (framing, networks, impact), Assistance for the courses in quantitative methods and social movements for undergraduate and graduate students, Supervision of students during their study projects.
08/2012-12/2013	IBA, Kolding, DK , <i>Lecturer for Social Sciences</i> : Teaching International Trade and Global Economics as well as Financial Enterprises to master and undergraduate students; Design of teaching plans, implementation as well as evaluation of courses; Study project planning; Speaker at a conference on BRIC countries; Supervision of Master and undergraduate students in their dissertations

Experience outside academia

01/2012-07/2012	EWS GmbH, Handewitt, DE , <i>Support and Offers</i> , Development of solar exports to Denmark, Sales Support and Customer Service, Project work on solar fields
04/2010-07/2011	adelphi consult GmbH, Berlin, DE , <i>Project assistant</i> , Organization of the Casablanca Forums 2010 on Large Scale Solar Power in MENA, Research and tendering, Conference Support for the International Business Forum 2010 and 2011, Policy paper preparation, support to international development cooperation programs like Switch Asia or Seed Initiative
2007-2009	Several internships in the public and private sector

Language skills

German native
English, French, Danish fluent

Reference persons

Martino Maggetti, martino.maggetti@unil.ch

Claudine Burton-Jeangros, claudine.burton-jeangros@unige.ch

Service to the scientific community

2022-ongoing Steering Group Member of the Section “Methods” of the Swiss Political Science Association
2024-2025 Guest Editor for a Special Issue in “Frontiers in Political Science”, titled: “Methods in Political Science – Innovation & Developments”
Since 2020 Reviewer for “European Sociological Review”, for “VOLUNTAS: International Journal of Voluntary and Non-profit Organizations”, for “Journal of International Migration and Integration”, for “Culture, Health and Sexuality” and for “International Journal for Equity in Health”
2016-2023 Member Steering Committee ECPR Standing Group on Mobilization and Participation
2017 Evaluator for the European Research Council
2014-2019 Representative of PhD students, section political science, Conference Universitaire de Suisse Occidentale (CUSO)
Ongoing Memberships Swiss Political Science Association, DemocracyNet (CH), Société Académique Vaudoise (CH), Deutsche Vereinigung für Politikwissenschaften (DE)

Organization of conferences & workshops (paper presentations available upon request)

Since 2024 Panel organization at the Swiss Political Science Association Conference (*yearly*)
2023 Organization of the final conference for project closure and focus groups for the Parchemins project
2021-2022 Member local organizing committee (Lausanne) for the Swiss Political Science Association Conference 2022
03/2017 Workshop organization for the research unit GREC, invited scholar: Eva Zschirnt
04/2016 Workshop organization for the GREC, invited scholar: Youssef El Chazli
02/2015 Workshop organization for the GREC, invited scholar: Laura Amaro Galhano
2011 support for the International Business Forum in Berlin (for adelphi)
2010 Organization of the Casablanca Forum on Large-scale solar power in MENA (for adelphi)
2010 support for International Business Forum in Delhi (for adelphi)
2009 Assistance for a Conference on the Great Lakes Region (for Misereor)

Supervision and Evaluation of junior researchers

2024 Expert on a master thesis committee
2022-2023 Coordination of a research team including 4 doctoral students for the two PIs in the framework of the Parchemins project
Since 2012 Supervision of diverse student projects at BA and MA level in global economics (IBA, 2012-2013), quantitative methods and social movements (UNIL, 2014-2018) as well as for regulatory politics (UNIL 2020, 2023, 2024), supervision of about 200 semester papers in total.
2013 Supervision of two master theses (IBA), supervision for diverse student projects
2008-2009 Tutoring for Bachelor Students in International Relations (FU-Berlin)

Teaching activities

- @UNIL *Regulatory Policies, Mixed Methods* (Seminar, BA), spring term 2020 (hybrid) & spring term 2023, 2024, 2025 (on campus).
Quantitative Methods (Course, MA, with Lionel Marquis, on campus), autumn term 2014-spring term 2018.
Quantitative Methods (Course, BA, with André Berchtold (2017) & Alessandro Nai (2015), on campus), spring term 2015 & spring term 2017.
Social Movements (Seminar, BA, with Florence Passy, on campus), spring term 2016
Quantitative Analysis in Political Science (Seminar, BA, with Florence Passy (2014) & Gian-Andrea Monsch (2015), on campus), spring terms 2014 and 2015 .
Expert for Oral Examinations Several times between 2015-2018, for about 30 oral exams.
- @UNIGE Presentation at the seminar: Cours inter-facultaire (J2M292). « Regard interdisciplinaire sur la migration forcée » (with Claudine Burton-Jeangros & Yves Jackson), autumn term 2024 (on campus)
- @IBA *International Trade* (1 course, master level (IBA & London South Bank University (LSBU, on campus IBA), autumn terms 2012 & 2013.
Global Economics (1st, 2nd & 3rd semester, several courses) to bachelor level students (several classes each year, on campus) autumn term 2012 – autumn term 2013.
Managerial Economics on E-MBA (IBA & LSBU London, digital only), autumn term 2013
Innovation week (1 course) to bachelor level students (on campus), spring term 2013 & autumn term 2013.
Financial Enterprise (several courses) to bachelor level students (on campus), autumn term 2012 - spring term 2013.
Internship preparation week (1 course) to bachelor level students (on campus), autumn term 2012.
- @FU-Berlin *Tutoring International Relations* (1 seminar) to bachelor level students (on campus), autumn term 2008/2009.

Grants and Grant Applications

- 2024 Grant from the Fondation Spitzer for the publishing of the English version of the book “Becoming visible” (2’378 CHF)
- 2021 Writing the successful application for “Swiss Direct Democracy for the 21st century: SDD-21 with Daniel Kübler, Laurent Bernhard, Anke Tresch, Georg Lutz, Thomas Milic and more (2.3 Mio CHF).
- 2016 Grant from the Fondation de l’Université de Lausanne for Fieldwork in Tunisia (1’200CHF)

Software Proficiency

Qualitative Data Analysis Tools NVivo, MaxQDA
Quantitative Data Analysis Tools SPSS, Stata, R, UciNet
Illustration/Web administration/other tools Gephy, Wordpress, Joomla, Typo3, CRM tools

Publications

Under review:

- Fakhoury, J., Burton-Jeangros C., Refle J.-E. , Consoli L., Jackson Y. () The moderating effect of migration trajectories on the association between residence status regularization and mental health: a longitudinal study
- Refle, J.-E. (). The Arab Spring in Tunisia and its heritage, the role of CSOs for political culture, *Sage Handbook on Democratization*.
- Refle, J.-E. (). Recovery after Crisis – short term recovery and long-term consequences.

2025

- Burton-Jeangros, C., Refle, J.-E., Fakhoury, J., Consoli, L., & Jackson, Y. (2025). The impact of legal status regularization on men and women's well-being. *Social Indicators Research (SOCI)*, <https://doi.org/10.1007/s11205-025-03654-2>
- Refle, J.-E., Elezovic, A.S., Burton-Jeangros, C., Jackson, Y. (2025) Non-state regulators? Civil Society as extension of the State in a context of cross-sectoral policy coordination, *European Policy Analysis*, <https://doi.org/10.1002/epa2.70012>
- Refle, J.-E. (2025) What the small country Tunisia teaches us about democratic backsliding in the U.S. – and what not, *defacto*, <https://www.defacto.expert/2025/04/02/what-the-small-country-tunisia-teaches-us-about-democratic-backsliding-in-the-u-s-and-what-not/?lang=en>
- Refle, J.-E., Jackson, Y., Burton-Jeangros, C. (2025). Resilience among undocumented migrants. An analysis of the likelihood to participate in a panel study among undocumented migrants amidst the COVID-19 pandemic. *INQUIRY: The Journal of Health Care Organization, Provision, and Financing*, 62. <https://doi.org/10.1177/0046958025132437>
- Cullati, S., Fakhoury, J., Refle, J.-E., Consoli, L., Jackson, Y. & Burton-Jeangros, C. (2025). Do reserves protect against anxiety and depression when migrants are exposed to a stressful life transition? Cohort study of undocumented migrants undergoing regularization, In: *Scientific report*, 2025, vol. 15, p. 6572. doi: 10.1038/s41598-025-86210-9
- Burton-Jeangros, C. ; Consoli, L. ; Refle J.-E. ; Jackson Y. (2025). Vulnerabilization of Migrant Workers During Crises, NCCR Blog, <https://nccr-onthemove.ch/blog/vulnerabilization-of-migrant-workers-during-crises/>

2024

- Burton-Jeangros, C. ; Consoli, L. ; Refle J.-E. ; Jackson Y. (2024). Pandémie de COVID-19 et travailleurs sans papiers à Genève : les traces au cours du temps des mesures liées à la crise sanitaire, Burton-Jeangros, C. ; Jackson, Y. ; Racapé, J. ; Raynault, M.-F. & A. Rea (Eds.) : Les inégalités sociales et de santé . Gestion de la crise de la Covid-19 à Bruxelles, Genève et Montréal, Éditions de l'Université de Bruxelles.
- Refle, J.-E., Burton-Jeangros, C. & Jackson, Y. (2024). Sichtbar werden. Wenn Sans-Papiers reguliert werden. EPFL Press.
- Refle, J.-E., Burton-Jeangros, C. & Jackson, Y. (2024). Becoming visible. The effect of regularization on undocumented workers. EPFL Press.
- Refle, J.-E. (2024). Gumuscu, Sebnem. 2023. Democracy or Authoritarianism: Islamist Governments in Turkey, Egypt, and Tunisia (book review). *Zeitschrift für Vergleichende Politikwissenschaft*, <https://doi.org/10.1007/s12286-024-00615-w>

- Lenko M., Refle, J.-E., Burton-Jeangros C., Fakhoury J., Consoli L., Jackson Y. (2024) Migrant work conditions and health status – a longitudinal perspective on dirty work among undocumented and newly regularized workers, *Journal of International Migration and Integration*, [10.1007/s12134-024-01182-5](https://doi.org/10.1007/s12134-024-01182-5)
- Refle, J.-E., Burton-Jeangros, C. & Jackson, Y. (2024). Sortir de la clandestinité. Les conséquences de la régularisation des travailleurs sans-papiers. EPFL Press.
- Refle, J.-E., Burton-Jeangros, C. & Jackson, Y. (2024). Travailleurs sans-papiers : la régularisation améliore la sécurité sociale, Sécurité Sociale CHSS, Office fédéral des assurances sociales, <https://sozialesicherheit.ch/fr/travailleurs-sans-papiers-la-regularisation-ameliore-la-securite-sociale/>
- Tenorio-Mucha, J., Jeffries-Tolksdorf, C., Burton-Jeangros, C.; Refle, J.-E.; Jackson, Y. (2024). Social determinants of the healthcare needs of undocumented migrants living with noncommunicable diseases: a scoping review. *BMJ Public Health*. <https://doi.org/10.1136/bmjph-2023-000810>
- Jackson, Y.-L. J., Burton-Jeangros, C., Duvoisin, A., Refle, J.-E., Consoli, L., & Fakhoury, J. (2024). Parchemins study: impact of legal status change on undocumented migrants' health and well-being (Version 1.0.0) [Data set]. FORS data service. <https://doi.org/10.48573/fys6-br62>

2023

- Ferro-Luzzi, G., Refle, J.-E., Burton-Jeangros, C., & Jackson, Y. (2023). La régularisation des travailleurs sans-papiers dans le canton de Genève. *Social Change in Switzerland*, N°36. doi: 10.22019/SC-2023-00007
- Duvoisin, A., Refle, J.-E., Burton-Jeangros, C., Consoli, L., Fakhoury, J. and Jackson, Y. (2023). Recruitment and attrition for panel surveys of vulnerable populations. *Field Methods*, 10.1177/1525822X231210415
- Refle, J.-E. (2023). *Democratic ideals* (1.0.0) [Dataset]. FORS data service. <https://doi.org/10.48573/s0pr-3k16>
- Refle, J.-E., Fakhoury J., Burton-Jeangros C., Consoli L., Jackson Y. (2023) Impact of legal status regularization on undocumented migrants' health and mental health in Switzerland, *Social Science & Medicine, Population Health*, <https://doi.org/10.1016/j.ssmph.2023.101398>
- Burton-Jeangros, C., Jackson, Y., Refle, J.-E., Consoli, L., Fakhoury, J. (2023). De la clandestinité à la régularisation: espoirs et ambivalences dans les trajectoires de femmes migrantes sans-papiers, *Law Clinic-10 ans*, UNIGE, pp.46-51.
- Klaas, H., Kuhn, U., Refle, J.-E., Ryser, V.-A., Tillmann, R. & Voorpostel, M. (2023). A Dynamic Perspective on the Evolution of Perceived Stress Levels in Switzerland – drivers Before and During the Covid-19 Pandemic. *Longitudinal and Life Course Studies*. 10.1332/175795921X16710561568710
- Hagose, M., Burton-Jeangros, C., Fakhoury, J., Consoli, L., Refle, J.-E., Jackson, Y. (2023). Working Conditions and Self-Reported Health Among Undocumented and Newly Regularized Migrants in Geneva: A Cross-Sectional Study, *International Journal of Public Health*, <https://doi.org/10.3389/ijph.2023.1606394>

2022

- Refle, J.-E. (2022). Framing democracy – Organizational perspectives on democracy in post-2011 Tunisia. *British Journal for Middle Eastern Studies*, <http://dx.doi.org/10.1080/13530194.2022.2160304>.
- Refle, J.-E. (2022). Measuring democracy among ordinary citizens - challenges to studying democratic ideals, *Frontiers in political science*, DOI: 10.3389/fpos.2022.934996.
- Refle, J.-E. (2022). Old civil society networks and their role for the Tunisian political landscape, *Middle East Law and Governance*, published online:

<https://brill.com/view/journals/melg/aop/article-10.1163-18763375-20221319/article-10.1163-18763375-20221319.xml>

- Refle, J.-E.; Fischer, M. and Maggetti, M. (2022), Informal Europeanization Processes and Domestic Governance Networks, *European Policy Analysis*, <https://onlinelibrary.wiley.com/doi/10.1002/epa2.1138>
- Refle, J.-E. (2022). Eine Demokratie auf Abruf – Tunesiens Warten auf Reformen, *defacto*, available at : <https://www.defacto.expert/2022/04/27/eine-demokratie-auf-abruf-tunesiens-warten-auf-reformen/>

2021

- Klaas, H. S., Kuhn U., Refle, J.-E., Voorpostel, M., Ryser V.-A., Dasoki, N., & Tillmann, R. (2021). L'évolution du stress en Suisse – la première vague de la pandémie, une pause pour les personnes stressées. *Social Change in Switzerland*, N°26. doi: 10.22019/SC-2021-00003

2020

- Refle, J.-E., Voorpostel, M., Lebert, F., Kuhn, U., Klaas, H.S., Ryser, V.-A., Dasoki, N., Monsch, G.-A., Antal, E., & Tillmann, R. (2020). First results of the Swiss Household Panel – Covid-19 Study. *FORS Working Paper Series*, paper 2020-1. Lausanne: FORS. Doi: 10.24440/FWP-2020-00001
- Kuhn, U., Lipps, O., Klaas, H.S., Antal, E., Dasoki, N., Lebert, F., Monsch, G.-A., Refle, J.-E., Ryser, V.-A., Tillmann, R. and Voorpostel, M. (2020). Who is most affected by the Corona crisis? An analysis of changes in stress and well-being in Switzerland, *European Societies*, 10.1080/14616696.2020.1839671
- Voorpostel, M., Tillmann, R., Lebert, F., Kuhn, U., Lipps, O., Ryser, V.-A., Antal, E., Monsch, G.-A., Dasoki, N., Klaas, H.S. & Refle, J.-E. (2020). *Swiss Household Panel Covid-19 Study User Guide*, September 2020. Lausanne: FORS.

2019

- van Baal, P.; Finger, M.; Fischer, M., Maggetti, M., Morger, L.; Pflieger, G. and Refle, J.-E. (2019). The Swiss energy transition and the relationship with Europe. Complementary study, NRP70 Energy Turnaround / NRP71 Managing Energy Consumption
- Refle, J.-E. (2019). Ein tunesisches Erfolgsmodell? Einflussnahme von Bewegungen auf den tunesischen Staat, *Forschungsjournal Soziale Bewegungen* (FJSB 2019); vol. 32, no. 2, pp. 234–247, DOI: <https://doi.org/10.1515/fjsb-2019-0028>
- (Doctoral Thesis) Refle, Jan-Erik (2019). Civil Society and Democratic Framing in Tunisia, (available at: https://serval.unil.ch/resource/serval:BIB_3F44A9F93F05.P003/REF.pdf)

2018

- Borduas, G.; Braulin, M.; Goin, E.; Gorgoni, M.; Martínez, D.; Michel, A.; Müller, É.; Reveilhac, M.; Vidal Kränzlin, C.; Refle, J.-E. and Marquis, L. (2018). Le populisme à l'assaut de l'Europe. Le succès électoral des partis populistes entre crise de confiance, globalisation et clivages de valeurs, *Les Cahiers de l'IEPHI*, *IEPHI Working Paper Series*, no. 71, available at: <https://www.unil.ch/iephi/home/menueinst/publications/les-cahiers-de-liephi.html>
- Refle, J.-E. (2018). Workers and thieves. Labor movements and popular uprisings in Tunisia and Egypt (Book Review), in: *Social Movement Studies: Journal of Social and Political Protest*, vol 17, no.4, 2018, DOI 10.1080/14742837.2018.1560256
- Refle, J.-E. (2018) Dezentralisierung oder demokratische Frustration? Kommunalwahlen in Tunesien, *defacto*, available at : <https://www.defacto.expert/2018/05/04/dezentralisierung-oder-demokratische-frustration-kommunalwahlen-in-tunesien/>

- Refle, J.-E. (2018) Networks in contention. The divisive politics of climate (Book Review), in: *Social Movement Studies: Journal of Social and Political Protest*, 2018, DOI 10.1080/14742837.2018.1434502

2016

- Filliau M., Haltiti A., Herczeg A., La Ragione L., Marchon R., Noez B., Wannakula Aratchilage M., Wu Y., Refle J.-E., Marquis L. (2016). Immigration, sécurité et comportement électoral : les Européens face aux crises économique, migratoire et sécuritaire, Les Cahiers de l'IEPHI/ IEPHI Working Paper Series, no.66, available at : <https://www.unil.ch/iephi/home/menuinst/publications/les-cahiers-de-liephi.html>
- Refle, J.-E. (2016) Youth and revolution in Tunisia (Book Review). *Social Movement Studies: Journal of Social and Political Protest*, 2016, DOI 10.1080/14742837.2016.1150162
- Refle, J.-E. (2016) What is a Social Movement? (Book Review). *Social Movement Studies: Journal of Social and Political Protest*, vol15, no.2, pp. 244-245, 201, DOI 10.1080/14742837.2015.1027765

Media interventions

- LeTemps, 19.12.2023 (avec Giovanni Ferro-Luzzi, Claudine Burton-Jeangros and Yves Jackson), Quel bilan pour Papyrus et la régularisation des sans-papiers?
https://www.letemps.ch/opinions/debats/quel-bilan-pour-papyrus-et-la-regularisation-des-sans-papiers?srsId=AfmBOoo5M7BH2hDr31Miq9PLmGtXflpkvm0Qv270QB_F3_waLoW1I82A
- Uniscope, 25.2.2025, Vivre sans se cacher, <https://wp.unil.ch/uniscope/vivre-sans-se-cacher/>